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## ONLINE CATALOGUE

**4 blood types, 4 diets, eat right for your type: the individualized diet solution to staying healthy, living longer and achieving your ideal weight**

	<b>Author</b>	D'adamo, Peter J. Whitney, Catherine
	<b>Publication Data</b>	New York: G.P. Putnam's Sons, 1996
	<b>Physical Description</b>	XIX, 392p
	<b>Subject Area</b>	Medical sciences
	<b>Subject Headings</b>	Blood groups Nutrition Health Weight loss Human evolution
	<b>Call Number</b>	613 DAD

Philadelphia University Library 2011